

Adult Shirt Sizes

	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Regular/Tall Chest Measurement	30-32	34-36	38-40	42-44	46-48	50-52	54-55	57-58	60-61	63-64
Regular/Tall Neck Size (for woven shirts)	13 ¹ / ₂ -14	14-14 ¹ / ₂	15-15 ¹ / ₂	16-16 ¹ / ₂	17-17 ¹ / ₂	17 ¹ / ₂ -18	18-18 ¹ / ₂	18 ¹ / ₂ -19	19-19 ¹ / ₂	19 ¹ / ₂ -20
Regular Sleeve Measurement	30 ¹ / ₂ -31 ¹ / ₂	32-33	34-35	35-36	36 ¹ / ₂ -37 ¹ / ₂	37 ¹ / ₂ -38 ¹ / ₂	38 ¹ / ₂ -39 ¹ / ₂	39 ¹ / ₂ -40 ¹ / ₂	40 ¹ / ₂ -41 ¹ / ₂	41 ¹ / ₂ -42 ¹ / ₂
Tall Sleeve Measurement	-	-	-	36 ¹ / ₂ -37 ¹ / ₂	38-39	39-40	40-41	41-42	-	-

K500ES, p. 88-89	7XL	8XL	9XL	10XL						
Chest Measurement	69	72	75	78						
Sleeve Measurement (from shoulder)	15	15 ¹ / ₄	15 ¹ / ₂	15 ³ / ₄						

S608ES, p. 40-41	7XL	8XL	9XL	10XL						
Chest Measurement	76	80	83	86						
Neck Size	20 ³ / ₄	21 ¹ / ₄	21 ¹ / ₂	22 ¹ / ₄						
Sleeve Measurement (from center back)	42	42	42	42						

Unisex Pant Sizes

	XS	S	M	L	XL	2XL	3XL	4XL
Waist	24-26	28-30	32-34	36-38	40-42	44-46	48-50	52-54
Inseam	30	31	32	32	33	33 ¹ / ₂	34	34 ¹ / ₂

Ladies Sizes

Tops

	XS	S	M	L	XL	XXL	Plus 1X	Plus 2X
Size	4	6/8	10/12	14/16	18/20	20	18-20W	22-24W
Bust Measurement	32 ¹ / ₂ -34	34 ¹ / ₂ -35 ¹ / ₂	36 ¹ / ₂ -38	39 ¹ / ₂ -41	43-45	48	47-51	52-56

Bottoms

L210 Cheer Short, p. 222	XS	S	M	L	XL	XXL	Plus 1X	Plus 2X
Waistband	20	22	24	26	28	30	32	36
Inseam	3	3	3	3	3	3	5	5

L252 Sweatpant, p. 332	XS	S	M	L	XL	XXL	Plus 1X	Plus 2X
Waistband	30	33 ¹ / ₂	36	38 ¹ / ₂	41	43 ¹ / ₂	46	48 ¹ / ₂
Inseam	29 ¹ / ₂	30	31	31	31 ¹ / ₂	32	32 ¹ / ₂	33

L505P Silk Touch™ Pant, p. 321	XS	S	M	L	XL	XXL	Plus 1X	Plus 2X
Waist Relaxed	29	30	32	35	38	40	42	44
Inseam	30	30 ¹ / ₂	31	31 ¹ / ₂	32	33	33	33

How to Measure
for Ladies and
Plus Sizes:

Bust - Measure
under your arms,
at the fullest part
of your chest.

Relaxed Waist -
Measure around
your hips, keeping
the tape a bit loose.

Inseam -
Measure from
the crotch seam
to the bottom

